Books

- **CBT for Children and Adolescents with High-Functioning Autism Spectrum Disorders** by Scarpa, White, & Attwood
- **Cognitive-Behavioral Therapy for Adults with Autism Spectrum Disorder: Second Edition** by Guas
- **Good Intentions Are Not Good Enough** by Garcia Winner & Crooke
- **Living Well on the Spectrum** by Gaus
- **No More Meltdowns: Positive Strategies for Managing and Preventing Out-Of-Control Behavior** by Baker (there's also an app)
- **Nonverbal Learning Disabilities** by Cornoldi, Mammarella & Goldenring Fine
- **Obsessive-Compulsive Disorders: A Complete Guide to Getting Well and Staying Well** by Penzel
- **Parties, Dorms and Social Norms: A Crash Course in Safe Living for Young Adults on the Autism Spectrum** by Meeks & Masterson
- **Psychological Interventions for Children with Sensory Dysregulation** by Golomb & Mouton-Odum
- **Smart but Scattered** (Series) by Dawson
- **Spectrum Women** by Cook & Garnett
- **Stuck: Asperger's Syndrome and Obsessive-Compulsive Behaviors** by Hoffman
- **The Complete Guide to Asperger's Syndrome** by Attwood
- **The Guide to Good Mental Health on the Autism Spectrum** by Purkiss, Goodall & Nugent
- **The Hidden Curriculum for Understanding Unstated Rules in Social Situations for Adolescents and Young Adults** by Smith Myles, Trautma & Schelvan
- **The Incredible 5-point Scale: Assisting Students with Autism Spectrum Disorders in Understanding Social Interactions and Controlling Their Emotional Responses** by Buron and Curtis
- **All Cats have Asperger Syndrome** by Hoopman

Online resources

- [http://autismmentalstatusexam.com](http://autismmentalstatusexam.com)
- [https://www.autismresearchcentre.com/arc_tests](https://www.autismresearchcentre.com/arc_tests)
- [https://carolgraysocialstories.com](https://carolgraysocialstories.com)
- [https://contextualscience.org/louise_hayes_training_page](https://contextualscience.org/louise_hayes_training_page)
- [https://www.socialthinking.com](https://www.socialthinking.com)
- [https://www.spectrumnews.org/news/](https://www.spectrumnews.org/news/)

Articles


