



Shrinking the fears connected with Anxiety and OCD

New Obsessive Compulsive Disorder/Anxiety 12-Day Residential Skills Building Intensive Program at Lindner Center of HOPE's Sibcy House

For an individual suffering (18 and older) with obsessive-compulsive disorder (OCD) or severe anxiety disorders this program provides the opportunity, with assistance from OCD and anxiety specialists, to develop and implement a concrete and enhanced plan of attack to help reduce compulsive and avoidant behaviors and shrink the fear that fuels the disorder.

Lindner Center of HOPE also offers other levels of care for those who need more stabilizing and evaluation or thorough diagnostic work. Treatment extensions are also available beyond the 12-day skills building stays.

Learn more at: [lindnercenterofhope.org/ treatment-options/ residential/sibcy-house-skills-building-intensive-programs](https://lindnercenterofhope.org/treatment-options/residential/sibcy-house-skills-building-intensive-programs)

TO DISCUSS ADMISSION
Call (513) 536-0537 or (888) 537-4229

Lindner Center
of HOPE |  Health.