

DARE TO BELIEVE...
TOGETHER WE CAN BEAT OCD.



2011 Annual Report

INTERNATIONAL
OCD
FOUNDATION

At the International OCD Foundation, we believe it is important to emphasize a message of hope to our members, to professionals, to our donors, and especially to the public—because ultimately that is why we are all here.

We have confidence that things can get better for many individuals with OCD if they have access to the right resources and treatments, and when they have a supportive community around them. And we want to share that hope with as large an audience as possible.

Part of effective OCD treatment is “daring” people with OCD to take a risk through an experience such as Exposure and Response Prevention therapy (ERP). But in order to take that leap, people need to believe that they can reclaim their lives in spite of the devastation OCD has caused them.

At the core of these ideas is the message that we began using in 2011:

DARE TO BELIEVE...

TOGETHER WE CAN BEAT OCD.



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Dear Friends and Supporters of the International OCD Foundation,

The launch of our new Pediatric OCD Website, www.OCDinKids.org, was at the core of the Foundation's new initiatives in 2011. This represented a significant shift in focus to include more programming for pediatric OCD at the Foundation. Along with this came an important step forward in spreading awareness about Pediatric Autoimmune Neuropsychiatric Disorder Associated with Strep, or PANDAS.

PANDAS is an infection-based form of childhood-onset OCD that can cause an overnight transformation in children from happy and outgoing to terrified and debilitated. Thought to be caused by the immune system's faulty response to infections such as strep and influenza, PANDAS can be treated if caught in time. But awareness about this disorder, even among health care workers, remains extremely low. In response to this need, the IOCDF has worked in collaboration with the leaders in the field of research and treatment of PANDAS to develop important guidelines for parents and professionals about how to accurately diagnose and treat PANDAS.

Another big story of the year was our **18th Annual Conference held in San Diego, CA**, which had nearly 1,000 attendees — making it the best-attended West Coast conference to date. An ever-increasing focus on how OCD impacts families resulted in the IOCDF selecting Christopher, a young adult with OCD, and his mother Elizabeth Trondsen, to give a Keynote speech entitled: "Putting OCD into Perspective: A Mother and Son's Story of Hope."

We were also pleased to recognize **Dr. Fred Penzel**, Executive Director of Western Suffolk Psychological Services, with the Patricia Perkins Service Award in honor of his decades-long dedication to the IOCDF and individuals with OCD and their families. **Dr. Edna Foa**, Director of the Center for the Treatment and Study of Anxiety, was also honored with the inaugural Career Achievement Award for her pioneering contributions to the field of OCD.

In 2011, all four of the IOCDF **Behavior Therapy Training Institutes (BTTIs)** were sold out. As a result, over 120 more mental health therapists are now familiar with effective diagnostic and treatment strategies for OCD and related disorders. Dr. C. Alec Pollard, Founder and Director of the Saint Louis Behavioral Medicine Institute Anxiety Disorders Center, continues to direct and oversee the BTTI.

Our third annual **OCD Awareness Week** was a major success this year, with dozens of affiliate groups across the country — and the globe, including our partners in Canada and the United Kingdom — hosting activities during the week of October 10th through 16th to educate their communities and the public about OCD and related disorders. The week concluded with four individuals sharing their creative expressions and artwork about their experiences of OCD at the IOCDF's "A Night to Believe" event, held in Boston. The event's program included presenters who were selected from dozens of entries through a public voting contest on the International OCD Foundation website. Winners received a free trip to Boston to participate in the event.

Finally, the IOCDF continues its commitment to finding and promoting effective treatment for everyone with OCD and related disorders through our [Research Grant Program](#). Research money comes from generous donors within the IOCDF community, and this year, a total of \$138,944 was awarded. Thank you to all who contributed, and to Dr. Sabine Wilhelm, the chair of the Grant Review Committee.

The mission of the IOCDF remains the same:

- Educate the public and professionals about OCD in order to raise awareness and improve the quality of treatment provided.
- Support research into the causes of and effective treatments for OCD and related disorders.
- Improve access to resources for those with OCD and their families.
- Advocate for the OCD community.

I want to thank our donors, members, Board of Directors, Scientific Advisory Board members, affiliates and volunteers for their dedication, time and energy spent helping the IOCDF fulfill its very important mission.

Sincerely,



Jeff Szymanski, PhD
Executive Director
International OCD Foundation



18TH ANNUAL CONFERENCE

The 18th Annual IOCDF Conference was held at the Sheraton San Diego Hotel & Marina in San Diego, CA, from July 29–31, 2011. Attendance hit 965, which made this one the best west coast conference to date.

On Thursday, July 28, before the official start of the conference, the Foundation put on an Advanced Behavior Therapy Training Institute (ABTTI), which was open to mental health professionals who treat OCD and related disorders. The title of the training, “Cruel Reflections: What you need to know about treating Body

Dysmorphic Disorder,” was a 4.5 hour workshop given by Sabine Wilhelm, PhD, Associate Professor of Harvard Medical School, and Director of the OCD Clinic and Related Disorders Program at Massachusetts General Hospital.

Included in the general conference schedule were presentations for individuals suffering with OCD (adults, adolescents, and children), family members and friends, treatment providers, and researchers. In addition, there were

kids and teens art therapy rooms led by art therapists from Rogers Memorial Hospital. These rooms gave kids and teens with OCD (and family members) an opportunity to meet, support each other, and feel part of a community. Additional activities at the 2011 conference

included a film festival, an expanded poster session, and an increased number of support group options.

Over 50% of our attendees this year were first-time conference goers, and evaluations completed by attendees were very positive. People with OCD found out that they weren’t alone and learned about medications and techniques they could use to manage their OCD.

Keynote Speakers

This year’s Keynote Speech was entitled: “Putting OCD into Perspective: A Mother and Son’s Story of Hope” given by Christopher and Elizabeth Trondsen.

Chris Trondsen began struggling with OCD as early as age 7. After going untreated for 13 years due to lack of knowledge that the disorder even existed, he attempted to take his own life to alleviate his suffering in October of 2002. Now clear that there was something seriously wrong, Chris was diagnosed with OCD at age 20, but told by his primary care physician that his OCD was so severe that he would suffer with it for the rest of his life and could never improve. After doing research on the IOCDF website, Chris began treatment at the OCD Center of Los Angeles. With hard work, determination, and the help of the OCD specialists and support of his mom, Chris was able to get his OCD under control. Since completion of treatment, Chris has gone from being completely home-bound (due to 18-hour-a-day crippling obsessions and compulsions) to graduating college, taking martial arts, going to work, and getting his life back. He has since been active in helping others get information and treatment for OCD so they won’t have to suffer as long as he did without any knowledge or awareness of what they are suffering from. Chris has been a member of the IOCDF Speakers Bureau for the last few years helping to educate and raise awareness about OCD.

Liz Trondsen is the mother of two adult children, one of whom (Chris) has mental illness. From the early days of Chris’ illness when he needed help to get up and get dressed in the morning, to the beginning of his treatment and a glimpse of hope for the future, Liz has been involved with Chris’ treatment plan as he worked toward recovery. As his driver, financial supporter, advisor, advocate, coach, and, always, his Mom, she has watched Chris go from needing help with daily activities to becoming a young man in school, working, and pursuing his dreams. Through it all, Liz and her son have worked



closely as a unit to face the therapy, the ups and downs, the successes and setbacks, on their journey together. As we continue to understand the impact OCD has on families, we heard from many attendees that Liz's story resonated with them.

Patricia Perkins IOCDF Service Award

Each year the IOCDF's Board of Directors recognizes an individual who stands out as having contributed to the success of the IOCDF's mission and programs. This year, **Fred Penzel, PhD**, was given the Patricia Perkins IOCDF Service Award. With 30 years treating individuals with OCD, Dr. Penzel is currently the director of Western Suffolk Psychological Services in Huntington, NY and author of books on OCD and Trichotillomania (and theater lighting!).

Dr. Penzel is an inaugural member of the IOCDF's Scientific Advisory Board (since 1987), as well as a member of our Behavior Therapy Training Institute faculty. He is a fixture at the IOCDF Annual Conference, having presented at virtually every conference since its inception, and he currently serves on the Conference Planning Committee. Dr. Penzel is one of our most dedicated OCD Newsletter contributors with over 30 articles, including an article in the very first newsletter! He is also a regular contributor to online education including articles on our primary website (www.ocfoundation.org) and the recently launched OCDinKids.org website.



*Dr. Fred Penzel and
2011 Board President Diane Davey.*

IOCDF Outstanding Career Achievement Award

New this year, the IOCDF Outstanding Career Achievement Award was given to **Edna Foa, PhD**. The Outstanding Career Achievement Award was created to highlight the significant and notable contributions of a professional in the field of OCD and related disorders.

Dr. Foa is a Professor of Clinical Psychology in Psychiatry at the University of Pennsylvania and Director of the Center for the Treatment and Study of Anxiety. She received her PhD in Clinical Psychology and Personality from the University of Missouri – Columbia in 1970.

Dr. Foa devoted her academic career to study the psychopathology and treatment of anxiety disorders, primarily OCD, post traumatic stress disorder (PTSD), and social phobia, and is currently one of the world leading experts in these areas.

Dr. Foa has published several books and over 350 articles and book chapters and has lectured extensively around the world. Her work has been recognized with numerous awards and honors including TIME magazine's 100 most influential people in the world in 2010. Dr. Foa is a pioneer in the treatment and understanding of OCD and we were proud to have her as the first recipient of this award.

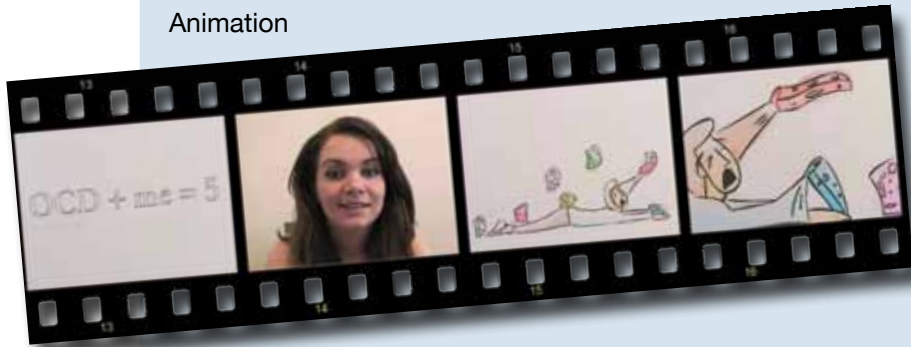


OCD AWARENESS WEEK AND "A NIGHT TO BELIEVE"

Four individuals with OCD were honored on Saturday, October 15, 2011, for their winning forms of expression about living with OCD during the International OCD Foundation's "A Night to Believe" event. This event was the signature event capping off a nation-wide effort to raise awareness about OCD during OCD Awareness Week on October 10–16, 2011.

Winners were selected from dozens of entries through a public voting contest on the International OCD Foundation website. Winners received a free trip to Boston to participate in the event. The winning works fell into four categories: animation, poetry, short story, and music.

Animation



Kendra Mattozzi was honored for *OCD + 5 = me*, her animated short about life with OCD. Kendra earned her BFA in Animation at the Massachusetts College of Art and Design in Boston, MA, where she now lives and works as an Associate Producer at CloudKid, a local animation studio. Kendra has been battling OCD since her childhood and, after 23 years, she decided to tell her story through her animation.

"To others who are going through a difficult disorder, I would say if it is hindering your day-to-day activities and you are really unhappy, talk to someone. If that person is a family member, friend, teacher or doctor, then fine. Find someone who you are comfortable talking to and who you can confide in. That's what I did and I found that talking about it made it

easier to deal with. Harboring your feelings and thoughts for too long can just make things worse. The other piece of advice I have is to find a sense of humor. I tend to deal with many things in life by making light of the situation, or at least trying to find humor in them. This isn't making fun of or laughing at people and their hardships, it's a coping mechanism. Maybe it will work for you and maybe it won't. But it can't hurt to try to laugh."

– Kendra Mattozzi

Short Story

The winner of the 2011 short story contest was **Megan Holden**, a 19-year-old college student from Pennsylvania. She is currently studying in Philadelphia where she aims to graduate with a BFA in Graphic Design in 2014. She has been battling OCD as long as she can remember. She entered this contest to educate others about the disorder that has played such a huge role in her life.

"Writing has always been something that I excelled at, but I never really pursued it until high school. I was the kind of person with a lot of ideas but I never finished a story completely. I took a creative writing class in high school where I was pushed to follow through with my ideas and it was around then when I wrote the first version of my winning story. I have always found it very helpful to have a way to express my struggles with OCD. I have multiple projects that I completed in my art classes in high school that deal with OCD or mental health and I plan to continue that trend in my work as I study at a visual arts college. It makes me feel like I am doing something about having OCD as well as making me feel better about what I am going through."

– Megan Holden

Poetry

The winner of this year's poetry contest, **Mystery Almond**, is a 10-year-old from Louisiana. She was diagnosed with OCD at age 5 and Asperger's Syndrome at age 10. She loves horseback riding, drawing, reading, writing, and performing for an audience. She also loves animals and has lots of pets including 4 cats, a dog, a rabbit, a guinea pig, a rat, and fish. Mystery's poetry

gives her a chance to express her feelings and to cope with her OCD. She hopes to continue making progress in understanding her feelings and working toward being able to function more easily in a world that is made better and brighter by unique individuals like her.

“I was diagnosed with OCD at age 5. It was hard to tell my friends because I thought they might not like me anymore. Some didn’t but the ones who stayed are my best friends. When I first started going to therapy, I was scared. Now I’m used to it and it helps me a lot. To those who have been diagnosed, don’t think you have changed — you are still you. Find someone to help you like I did and you’ll come a long way.”

– Mystery Almond

Music

Winner of this year’s music contest, **Kevin Putman** has suffered from OCD since he was 10 years old. After completing 2 months of treatment for his debilitating OCD at the Houston OCD Program, Kevin wrote “Breakin’ the Symmetry”, a rap song about OCD as his creative way of thanking the staff who he truly believed saved his life. Kevin has also created a ping-pong tournament, called Ping Pong 4 OCD, to raise awareness and funds for OCD in his community in Northern Michigan. The “4” in Ping Pong 4 OCD represents the four words that have put Kevin on the road to recovery and guide him each and every day: “Resist reassurance” and “sacrifice comfort.”

“OCD is something that I have had my entire life but I didn’t realize I had it until I was in college in an introductory psychology class. During a lecture on OCD, I diagnosed myself. Two years ago my OCD became so debilitating that I went away to treatment for two months at the Houston OCD program. To someone who has just learned that they have OCD I would tell them that there is hope. There are a lot of organizations and people out there to help, you just have to be willing to do the work. OCD is something that you will always have but you can learn to manage.”

– Kevin Putman



From left: A Night to Believe winners Kendra Mattozzi, Megan Holden, Mystery Almond, and Kevin Putman.

BEHAVIOR THERAPY TRAINING INSTITUTES

“Very helpful —I appreciate the specific application of CBT/ERP to a training case. Helps solidify knowledge and apply theory to practice.” – Past attendee

Since 1994, the International OCD Foundation has been conducting Behavior Therapy Training Institutes (BTTI) in different cities around the country. Led by the Chair of the BTTI faculty, C. Alec Pollard, PhD, the BTTI is a three-day intensive course on the diagnosis and treatment of OCD and related disorders designed by members of the Foundation’s Scientific Advisory Board. The subjects covered in the first two days of didactics include an introduction to OCD and related disorders; effective treatment modalities including cognitive behavior therapy, especially Exposure and Response Prevention and medications that have been proven effective; and a section on treating children and adolescents with OCD. On the third day of the Institute, attendees break up into small groups of five or six. A member of the BTTI faculty leads each group. In these sessions, attendees develop treatment plans for a current OCD patient they are working with. All attendees then have three follow up phone sessions with the leader of their group following the completion of the formal three-day Institute.



C. Alec Pollard, PhD, leading a BTTI session.

BTTI Trainings were held in:

February 2011 – Los Angeles, CA
UCLA Medical Center

A special thanks to John Piacentini and his staff for hosting this BTTI.

April 2011 – Houston, TX
Courtyard Houston Medical Center

A special thanks to Thröstur Björgvinsson, PhD, ABPP and The Houston OCD Program for hosting this BTTI.

June 2011 – Oconomowoc, WI
Rogers Memorial Hospital

A special thanks to Bradley Riemann, PhD, and Barry Thomet for hosting this BTTI.

September 2011 – Chapel Hill, NC
University of North Carolina at Chapel Hill

A special thanks to Jonathan Abramowitz, PhD for hosting this BTTI.

What people are saying about the BTTI:

“Excellent and fun! Informative and very useful information. Specific to needs of therapists.”

“I’ll be able to use much of what I learned today in my clinical work and ideas I want to pursue further as a result of Dr. Pollard’s session.”

“Outstanding refresher on case conceptualization. I’m leaving with a fresh way of thinking about a complex case and with ideas that will be very useful across my caseload. This is exactly what I hoped to receive on case formulation day.”

“Extremely helpful in conceptualizing issues and developing intervention strategies.”

IOCDF RESEARCH GRANT AWARDS FOR 2011

Promoting research into the causes and treatment of OCD and related disorders is a top priority of the International OCD Foundation. In 2011, the Foundation granted three Research Awards that amounted to \$138,944. The funding for these yearly Research Awards is from contributions of the Foundation's members and friends. A committee led by the Vice Chair of the IOCDF Scientific Advisory Board (SAB), Sabine Wilhelm, PhD, and composed of members of the SAB and other OCD experts, reviewed each research proposal and made recommendations to the IOCDF Board of Directors who made the final decisions. The Award winners and their affiliations and topics are listed below:

Michael Twohig, PhD, Assistant Professor

Utah State University

Award Amount: \$50,344

Title: Combining Acceptance and Commitment Therapy with Exposure and Response Prevention to Enhance Treatment Engagement

Goal: The goal of this proposal is to increase the acceptability and client engagement in Exposure and Response Prevention (ERP).

Jonathan S. Comer, PhD, Co-Director of Research, Child Program

Boston University, Center for Anxiety and Related Disorders

Award Amount: \$38,600

Title: Internet-delivered EX/RP for early-onset OCD: A pilot feasibility trial

Goal: To develop a real-time, internet-delivered treatment protocol for early onset OCD in youth ages 4-8, and to evaluate the feasibility, acceptability, and preliminary efficacy of enrolling, retaining, and treating children with the modified format relative to those treated with in-office family-based treatment for early childhood OCD.

Elana Harris, MD, PhD, Assistant Professor

Cincinnati Children's Hospital Medical Center

Award Amount: \$50,000

Title: The Frequency of Oscillations in Obsessive-Compulsive Disorder

Goal: This will allow us to examine the spread of neuronal activity in patients with OCD. Our findings may guide the design of future treatments by indicating the location and frequency at which to stimulate brain regions with transcranial magnetic stimulation.



Michael Twohig, PhD, presenting a research poster about his study.

IOCDF SCIENTIFIC ADVISORY BOARD

Members of the IOCDF Scientific Advisory Board (SAB) are among the best clinicians and investigators in the United States who treat and/or conduct research on OCD and related disorders. SAB members are involved in the IOCDF in multiple ways, including participation on a Grant Review Committee to review OCD research proposals submitted for possible grant funding, participation as speakers in the Annual Conference, participation as faculty for the Behavior Therapy Training Institute, and contributing articles to the quarterly OCD Newsletter. Below is a list of our 2011 SAB members:

Michael Jenike, MD, Chair

Massachusetts General Hospital, Boston, MA
OCD Institute, McLean Hospital, Belmont, MA

Sabine Wilhelm, PhD, Vice Chair

Massachusetts General Hospital, Boston, MA
Harvard Medical School, Boston, MA

Jonathan S. Abramowitz, PhD

University of North Carolina at Chapel Hill

Thröstur Björgvinsson, PhD

The Houston OCD Program, Houston, TX
McLean Hospital, Belmont, MA

Dennis S. Charney, MD

Mount Sinai School of Medicine, New York, NY

James Claiborn, PhD

South Portland, ME

Darin D. Dougherty, MD

Massachusetts General Hospital, Boston, MA
OCD Institute, McLean Hospital, Belmont, MA

Jeanne Fama, PhD

Massachusetts General Hospital, Boston, MA

Jamie Feusner, MD

University of California at Los Angeles

Edna B. Foa, PhD

University of Pennsylvania, Philadelphia, PA

Martin E. Franklin, PhD

University of Pennsylvania, Philadelphia, PA

Randy Frost, PhD

Smith College, Northampton, MA

Wayne K. Goodman, MD

Mount Sinai Medical Center, New York, NY

Jonathan Grayson, PhD

The Anxiety and OCD Treatment Center, Philadelphia, PA

Benjamin D. Greenberg, MD, PhD

Butler Hospital, Providence, RI

John H. Greist, MD

Madison Institute of Medicine, Madison, WI

William A. Hewlett, MD, PhD

Vanderbilt University Medical Center, Nashville, TN

Bruce M. Hyman, PhD, LCSW

OCD Resource Center of Florida, Hollywood, FL

Nancy J. Keuthen, PhD

Massachusetts General Hospital, Boston, MA

Lorin M. Koran, MD

Stanford University Medical Center, Stanford, CA

Bruce Mansbridge, PhD

Austin Center for the Treatment of OCD, Austin, TX

Charles S. Mansueto, PhD

Behavior Therapy Center of Greater Washington, Silver Spring, MD

Patrick McGrath, PhD

Alexian Brothers Behavioral Health Hospital, Hoffman Estates, IL

Dean McKay, PhD

Fordham University, Bronx, NY

Tanya K. Murphy, MD

University of South Florida, St. Petersburg, FL

Gerald Nestadt, MD, PhD

Johns Hopkins Hospital, Baltimore, MD

Fugen Neziroglu, PhD

Bio-Behavioral Institute, Great Neck, NY

Michele Pato, MD

University of Southern California, Los Angeles, CA

David Pauls, PhD

Harvard Medical School, Boston, MA
Massachusetts General Hospital, Boston, MA

Fred Penzel, PhD

Western Suffolk Psychological Services, Huntington, NY

Katharine A. Phillips, MD

Rhode Island Hospital, Providence RI

Steven Phillipson, PhD

Center for Cognitive Behavioral Psychotherapy, New York, NY

Christopher Pittenger, MD, PhD

Yale University, New Haven, CT

C. Alec Pollard, PhD

St. Louis Behavioral Medicine Institute, St. Louis, MO

Judith L. Rapoport, MD

National Institute of Mental Health, Bethesda, MD

Steven Rasmussen, MD

Butler Hospital, Providence, RI

Scott L. Rauch, MD

Massachusetts General Hospital, Boston, MA
McLean Hospital, Belmont, MA

Bradley C. Riemann, PhD

Rogers Memorial Hospital, Oconomowoc, WI

Barbara Rothbaum, PhD

Emory Clinic, Atlanta, GA

Sanjaya Saxena, MD

Professor, UCSD Department of Psychiatry
Director, UCSD Outpatient Psychiatric Services

Gail Steketee, PhD

Boston University, Boston, MA

S. Evelyn Stewart, MD

University of British Columbia
Massachusetts General Hospital

Eric A. Storch, PhD

University of South Florida, St. Petersburg, FL

Susan Swedo, MD

National Institutes of Health, Bethesda, MD

Barbara L. Van Noppen, PhD

University of Southern California, Los Angeles, CA

Aureen P. Wagner, PhD

Director, The Anxiety Wellness Center, Cary, NC

Allen Weg, EdD

Stress & Anxiety Services of New Jersey
East Brunswick, NJ

Robin Zasio, PsyD, LCSW

The Anxiety Treatment Center, Sacramento, CA

IOCDF AFFILIATES

What is an IOCDF Affiliate?

Our affiliates carry out the mission of the International OCD Foundation through programs at the local, community level. Each of our affiliates are non-profit organizations that are run entirely by dedicated volunteers. If you would like to find help in your community or would like to volunteer in grassroots efforts to raise awareness and funds locally, please contact one of our affiliates.

For more information, and contact info for each affiliate, please visit: www.ocfoundation.org/affiliates

- IOCDF Affiliate.
- No affiliate yet.

West Coast

- OCD San Francisco Bay Area
- OCD Sacramento
- OCD Southern California

Rockies

- OCD Greater Denver

Midwest & Great Plains

- OCD Kansas
- OCD Midwest
- OCD Twin Cities

South

- OCD Texas
- OCD Northwest Arkansas
- OCD Jacksonville
- OCD Georgia

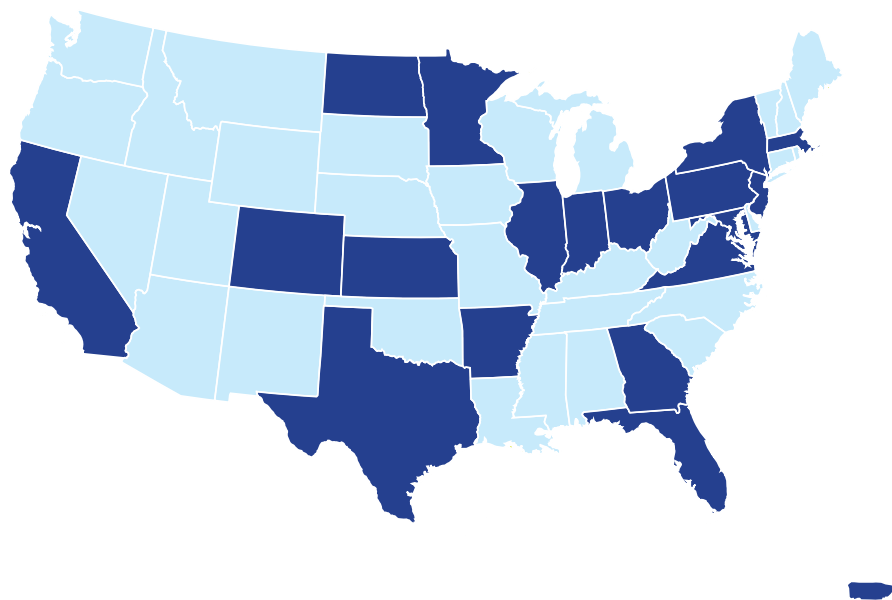
East Coast

- OCD Massachusetts
- OCD MidAtlantic
- OCD New Jersey
- OCD New York
- OCD Philadelphia
- OCD Western PA

Puerto Rico

- OCD Puerto Rico

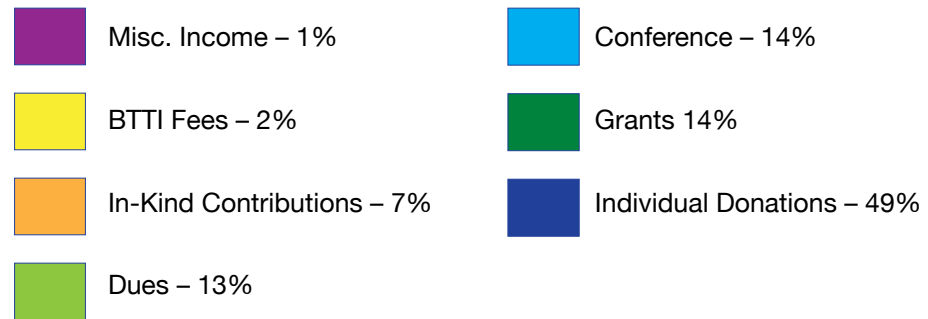
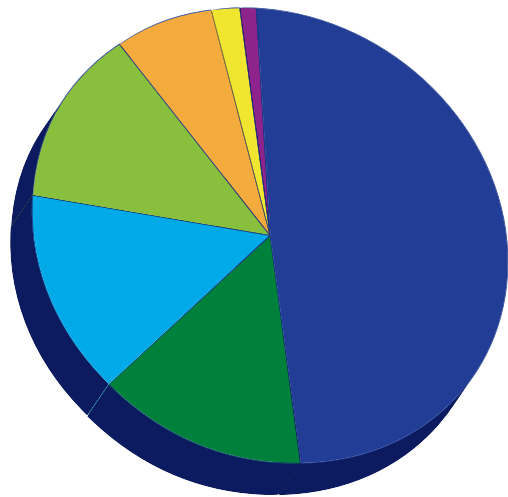
Map of U.S. Affiliates



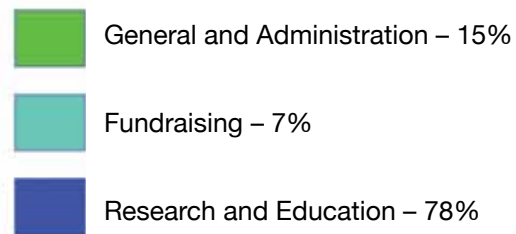
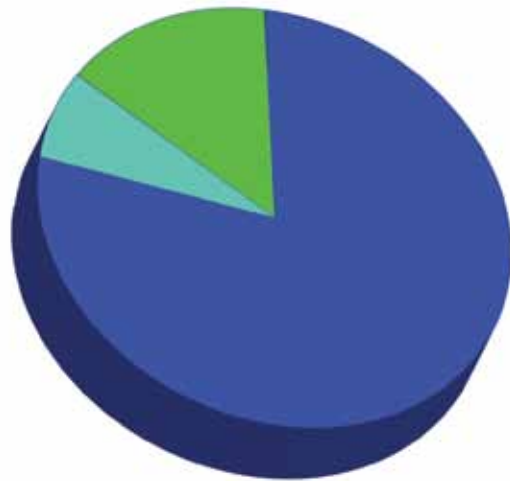
STATEMENT OF ACTIVITIES

	Unrestricted	Temporarily Restricted	Total	Unrestricted	Temporarily Restricted	Total
Support and Revenue						
	2011			2010		
Individual Donations	\$ 512,566	233,300	745,866	\$ 398,615	\$525,576	\$924,191
Dues	194,595	-	194,595	174,881	-	174,881
Conference	217,177	-	217,177	252,691	-	252,691
In-kind contributions	101,114	-	101,114	103,606	-	103,606
Grants	-	216,666		-	206,000	206,000
BTTI fees	31,575			16,925	-	16,925
Net realized and unrealized investment Gains (losses)	-	3,462	3,462	-	-	-
Miscellaneous	4,285	76	1,029	3,665	79	3,744
Net assets released from restrictions	368,176	(368,176)	-	360,188	(360,188)	-
Total Support and Revenue	\$1,429,488	85,328	1,514,816	\$1,310,571	371,467	1,682,038
Expenses						
	2011			2010		
Research and Education	\$1,214,497	-	1,214,497	1,104,592	-	1,104,592
Fundraising	112,572	-	112,572	70,017	-	70,017
General and Administrative	226,056	-	226,056	210,263	-	210,263
Total Expenses	\$1,553,125	-	1,553,125	\$1,384,872	-	1,384,872
Change in Net Assets	(123,637)	85,328	(38,309)	(74,301)	371,467	297,166
Net Assets, Beginning of Year	411,366	371,467	782,833	485,667	-	485,667
Net Assets, End of Year	\$ 287,729	456,795	744,524	\$ 411,366	371,467	782,833

2011 SUPPORT AND REVENUE



2011 EXPENSES





INTERNATIONAL
OCD
FOUNDATION

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