

# Why I Walk

**I walk to support funding and education for mental health treatment in the hope that all people affected by OCD and related disorders will one day have access to equal care.**

***#WhyIWalk***



International  
OCD  
Foundation

**1 Million Steps  
4 OCD Walk**



June 1–9, 2019  
[iocdf.org/walk](http://iocdf.org/walk)  
[#OCDwalk](https://twitter.com/OCDwalk)