

Why I Walk

- OCD affects **1 in 100 adults**, and **1 in 200 kids**.
- World Health Organization (WHO) has ranked OCD in the **top ten of the most disabling illnesses of any kind**, in terms of lost earnings and diminished quality of life.
- It takes, on average, between **14 to 17 years** between onset of OCD symptoms and **access to effective treatment**.



International
OCD
Foundation

**1 Million Steps
4 OCD Walk**



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