

# **Pediatric Behavior Therapy Training Institute (BTTI)**

## ***Reading List***

### **International OCD Foundation**

In preparation for the Pediatric BTTI, please read at least one of the books listed below. There are other informative books about pediatric OCD not included on this list; however, the focus of this list is on manuals and books written for professionals with detailed information on the fundamental steps of treating OCD. All of these books can be found and purchased on Amazon.com.

March, J.S. & Mulle, K. (1998). *OCD in children and adolescents: A cognitive behavioral treatment manual*. New York: Guilford Press. (ISBN 1-57230-242-9)

Piacentini, J., Langley, A., & Roblek, T. (2007). *Cognitive behavioral treatment of childhood OCD: It's only a false alarm – therapist guide*. New York: Oxford University Press. (ISBN 978-0-19-531051-1)

Storch, E.A., Murphy, T. K., & Geffken, G. R. (eds.) (2007). *Handbook of child and adolescent Obsessive-Compulsive Disorder*. New Jersey: Lawrence Erlbaum.

Wagner, A.P. (2007). *Treatment of OCD in children and adolescents: A professional's kit (2<sup>nd</sup> ed.)*. Rochester, NY: Lighthouse Press.

**\*\* This kit can be purchased at Lighthouse Press's website: <http://www.lighthouse-press.com>**

#### **OPTIONAL TEXTS**

Franklin, M.E. & Tolin, D.F. (2007). *Treating Trichotillomania: Cognitive-behavioral therapy for hairpulling and related problems (series in anxiety and related disorders)*. Springer.

Woods, D.W., Piacentini, J., Chang, S., Deckersbach, T., Ginsburg, G., Peterson, A., Scahill, L.D., Walkup, J.T., & Wilhelm, S. (2008). *Managing Tourette Syndrome: A behavioral intervention for children and adults – therapist guide*. Oxford University Press.

Woods, D.W., Piacentini, J.C., Walkup, J.D., & Hollenbeck, P. (2007). *Treating Tourette Syndrome and Tic Disorders: A guide for practitioners*. Guilford Press.