



International
OCD
Foundation

OCD and Related Disorders Clinic Profile

The Center for Emotional Health of Greater Philadelphia, LLC

Clinic/Program Director: Marla W. Deibler, PsyD

Phone Number: (856) 220-9672

E-mail: mail@thecenterforemotionalhealth.com

www.thecenterforemotionalhealth.com

20 Nassau Street
Princeton, NJ 08542

&

1910 Route 70 East Suites 7 & 5
Cherry Hill, NJ 08003

Treatment Providers:

Marla W. Deibler, PsyD

Jayne Jacobs, PsyD

Diana Antinoro, PsyD

Michael Wiltsey, PhD

Lisa Ahern, PhD

Payment Options:

Private Insurance

Self-pay

Populations Served:

Adults

Treatment Strategies Offered:

Acceptance and Commitment Therapy (ACT)

Cognitive Behavioral Therapy (CBT)

Exposure and Response Prevention (ERP)

Habit Reversal

Areas of Specialty (in addition to OCD in general):

Skin Picking (Excoriation Disorder)

Trichotillomania (Hair Pulling Disorder)

Summary of our services:

The Center for Emotional Health (CEH) opened its doors in Cherry Hill, NJ in January 2009 and expanded to Princeton, NJ in 2012. The clinic advertises itself primarily as an anxiety

disorders and OCD and related disorders clinic with 85% of our clients receiving treatment for OCD and/or a related disorder.

At CEH outpatient and intensive outpatient treatment is highly individualized and evidence-based and focused on the specific needs of each client. After an extensive initial evaluation, CEH clinicians work collaboratively with clients to create a treatment plan tailored to their presenting difficulties. The primary treatment approaches utilized for OCD related disorders are therapies falling under cognitive behavior therapy (CBT), including exposure and response prevention (ERP), habit reversal training (HRT), and acceptance and commitment therapy (ACT).

CEH also holds free monthly support groups for individuals with OCD as well as those with trichotillomania (Hair Pulling Disorder) and excoriation (skin picking) disorder. Furthermore, CEH clinicians are dedicated to community service and outreach and frequently present at professional trainings, community education seminars, and at local, state, and national meetings.