

IOCDF BEHAVIOR THERAPY TRAINING INSTITUTE

Rogers Memorial Hospital, Oconomowoc, WI
May 20th, 21st, and 22nd, 2016

FRIDAY: BASIC PRINCIPLES OF TREATMENT

- 8:00am - 8:30am: *Introduction & Overview of the Weekend*, Pollard
8:30am - Noon: *Cognitive Behavioral Treatment of OCD*, Pollard
Noon - 1:00pm: LUNCH (provided by Rogers Memorial Hospital)
1:00pm - 5:00pm: *Cognitive Behavioral Treatment of OCD (continued)*, Pollard

SATURDAY: SPECIAL POPULATIONS AND ISSUES

- 8:00am - 8:15am: *Welcome*, Pollard
8:15am - 9:30am: *Update on the Pharmacotherapy of OCD*, Halverson
9:30am - 9:45am: BREAK
9:45am - Noon: *Treating Children and Adolescents*, Cassiday
Noon - 1:00pm: LUNCH (provided by Rogers Memorial Hospital)
1:00pm - 2:20pm: *Treating Related Disorders I: Trichotillomania*, Riemann
2:20pm - 2:30pm: BREAK
2:30pm - 3:50pm: *Treating Related Disorders II: Hypochondriasis*, McGrath
3:50pm - 4:00pm: BREAK
4:00pm - 5:00pm: *Management of Treatment Ambivalence and Resistance*, Pollard

SUNDAY: CASE FORMULATION AND TREATMENT PLANNING

- 8:00am - 8:30am: *Welcome, Group Assignments*, Pollard
8:30am - 3:00pm*: *Breakout Groups Meet*
Group 1 (Pollard); Group 2 (Cassiday); Group 3 (Riemann);
Group 4 (McGrath); Group 5 (Jacobi); Group 6 (Leonard)

* Lunch is provided by Rogers. Most groups elect to work through lunch in order to finish early.