

Template schedule for the General BTTI:

FRIDAY: BASIC PRINCIPLES OF TREATMENT

8:00am - 8:30am: *Introduction & Overview of the Weekend*

8:30am - Noon: *Cognitive Behavioral Treatment of OCD*

Noon - 1:00pm: *LUNCH (attendees are on their own)*

1:00pm - 5:00pm: *Cognitive Behavioral Treatment of OCD (continued)*

SATURDAY: SPECIAL POPULATIONS AND ISSUES

8:00am - 8:15am: *Welcome*

8:15am - 9:30am: *Update on the Pharmacotherapy of OCD*

9:30am - 9:45am: *BREAK*

9:45am - Noon: *Treating Children and Adolescents*

Noon - 1:00pm: *LUNCH (attendees are on their own)*

1:00pm - 2:20pm: *Treating OCD-Related Disorders I**

2:20pm - 2:30pm: *BREAK*

2:30pm - 3:50pm: *Treating OCD-Related Disorders II**

3:50pm - 4:00pm: *BREAK*

4:00pm - 5:00pm: *Management of Treatment Ambivalence and Resistance*

* = Each BTTI will cover the treatment of two OCD-related disorders, including Trichotillomania, Tics/Tourette's, Hypochondriasis, and/or Body Dysmorphic Disorder

SUNDAY: CASE FORMULATION AND TREATMENT PLANNING

8:00am - 8:30am: *Welcome, Group Assignments*

8:30am - 3:00pm**: *Breakout Groups Meet*

** Lunch will be provided for attendees during the breakout sessions. Most groups elect to work through lunch in order to finish early.