

# **IOCDF BEHAVIOR THERAPY TRAINING INSTITUTE**

Toronto, Ontario, Canada  
May 12, 13, & 14, 2017

Host Institution: Sunnybrook Health Sciences Centre

## **FRIDAY: BASIC PRINCIPLES OF TREATMENT**

8:00-8:30am: *Introduction & overview of the weekend, C. Alec Pollard, Ph.D.*

8:30am-Noon: *Cognitive behavioral treatment of OCD, Pollard*

Noon-1:00pm: LUNCH (on your own)

1:00-5:00pm: *Cognitive behavioral treatment of OCD (continued), Pollard*

## **SATURDAY: SPECIAL POPULATIONS AND ISSUES**

8:00-8:15am: *Welcome, Pollard*

8:15-9:30am: *Update on the pharmacotherapy of OCD, Peggy Richter, M.D.*

9:30-9:45am: BREAK

9:45-Noon: *Treating children and adolescents, Marty Franklin, Ph.D.*

Noon-1:00pm: LUNCH (on your own)

1:00-2:20pm: *Treating Related Disorders-I: Illness Anxiety, Marty Antony, Ph.D.*

2:20-2:30pm: BREAK

2:30-3:50pm *Treating Related Disorders-II; Trichotillomania, Mark Sinyor, MSc., M.D.*

3:50-4:00pm BREAK

4:00-5:00pm: *Management of treatment ambivalence and resistance, Pollard*

## **SUNDAY: CASE FORMULATION AND TREATMENT PLANNING**

8:00-8:30am: *Welcome, group assignments, Pollard*

8:30-3:00pm\*: *Breakout groups meet*

Group 1 (Pollard), Group 2 (Franklin), Group 3 (Antony),

Group 4 (Christine Purdon, Ph.D.), Group 5 (Karen Rowa, Ph.D.);

Group 6 (Neil Rector, Ph.D.)

\*Sunday Only: A lunch buffet is provided by OCF. Most groups elect to work through lunch in order to finish early.