

# I'm supporting OCD Awareness Week

*Learn what it really means to have OCD, and  
what you can do to help at [iocdf.org/ocdweek](http://iocdf.org/ocdweek)*



International  
OCD  
Foundation

**October 8–14, 2017**  
[iocdf.org/ocdweek](http://iocdf.org/ocdweek)

**#OCDWeek**