

IOCDF BEHAVIOR THERAPY TRAINING INSTITUTE

Sponsored by SoCal OCD

Friday – Sunday, December 1st – 3rd, 2017

FRIDAY: BASIC PRINCIPLES OF TREATMENT

- 8:00-8:30am: *Introduction & overview of the weekend*, Alec Pollard, PhD
- 8:30am-Noon: *Cognitive behavioral treatment of OCD*, Alec Pollard, PhD
- Noon-1:00pm: LUNCH (on your own)
- 1:00-5:00pm: *Cognitive behavioral treatment of OCD (continued)*, Alec Pollard, PhD

SATURDAY: SPECIAL POPULATIONS AND ISSUES

- 8:00-8:15am: *Welcome, overview of the day*, Pollard
- 8:15-9:30am: *Pharmacotherapy/Biological Approaches to OCD*, Sean Sassano, MD
- 9:30-9:45am: BREAK
- 9:45-Noon: *Treating children and adolescents*, Marty Franklin, MD
- Noon-1:00pm: LUNCH (on your own)
- 1:00-2:20pm: *Treating related disorders-I: Body Dysmorphic Disorder*, Gerald Tarlow, PhD
- 2:20-2:30pm: BREAK
- 2:30-3:50pm *Treating related disorders-II; Trichotillomania*, Barbara Van Noppen, PhD, LCSW
- 3:50-4:00pm BREAK
- 4:00-5:00pm: *Managing Treatment Ambivalence & Resistance*, Alec Pollard, PhD

SUNDAY: CASE FORMULATION AND TREATMENT PLANNING

- 8:00-8:30am: *Welcome, group assignments*, Alec Pollard, PhD
- 8:30-3:00pm*: *Breakout groups meet*
Group 1 (Pollard); Group 2 (Franklin); Group 3 (Jonathan Grayson);
Group 4 (Rodney Boone); Group 5 (Van Noppen); Group 6 (Tarlow)