

## Registration Information:

Registration for the 8<sup>th</sup> Annual Hoarding Meeting will open in March 2020. **More information can be found online today at: [iocdf.org/hoardingmeeting](http://iocdf.org/hoardingmeeting).**

Attendees will be able to register in advance online or over the phone, or on-site at the Conference. To receive news and updates, please sign up for our e-mail list at [iocdf.org/hoardingmeeting](http://iocdf.org/hoardingmeeting).

### DISCOUNTS AVAILABLE!

- **SAVE 10%** by registering online using promo code "HD2020".
- **RECEIVE UP TO 15% OFF** registrations for groups of four or more employees from the same organization. In order to register at the discounted group rate, please download the group registration here: [iocdf.org/hoardingmeeting](http://iocdf.org/hoardingmeeting)

## THE ANNUAL HOARDING MEETING

The Annual Hoarding Meeting offers an opportunity for professionals — from therapists and social workers, to firefighters and other public safety officials — to learn how to effectively and compassionately work with individuals with hoarding disorder (HD). You will hear from leading researchers and experts in the field, and will walk away with new understanding and practical strategies for working with those living with or affected by hoarding disorder.

The Annual Hoarding Meeting also provides critical information to individuals, families, and loved ones affected by hoarding disorder, with the goal of improving access to effective and compassionate treatment and care.



## PROGRAM OVERVIEW

### PRE-CONFERENCE TRAINING SESSION FOR PROFESSIONALS WHO WORK WITH HOARDING:

The Annual Hoarding Meeting begins with a Pre-Conference Training Session for professionals who work with HD. This day-long workshop will offer a comprehensive overview of HD that will address the learning needs of the wide variety of professionals who work with the disorder.



The workshop will consist of a morning session for all attendees, followed by afternoon breakout sessions for clinicians/therapists, community responders, and peer responders. Throughout the day, the following topics will be covered: hoarding prevalence, causes, manifestations, motivation and insight in individuals with the disorder, diagnostic criteria, current and emerging research on hoarding disorder, and hands-on training in hoarding interventions for each group.

**The Pre-Conference Training Session for professionals who work with HD will take place on Thursday, July 30, 2020.**

### TWO DAYS OF EXPERIENTIAL WORKSHOPS & LECTURES ABOUT HOARDING:

**The Annual Hoarding Meeting will continue with two full days of workshops and lectures on Friday, July 31 and Saturday, August 2.** Content is geared towards all members of the HD community, including individuals living with HD, their friends/family members/supporters, and the various professionals who work with HD.

Topics covered in previous Meetings included: "Ask the Experts" panels, research updates, personal stories, experiential non-acquiring trips, decluttering skills workshops, community-based treatment, peer support, home-based interventions, and separate support groups for individuals and families. More information on programming will be available in March 2020. *CE/AMA PRA Category 1 Credit(s)*™ will be available for eligible mental health professionals.

We invite all Annual Hoarding Meeting attendees to stay for a half day of programming for the OCD and related disorders community on Sunday, August 2.

“*Hoarding is not solely a mental health problem — it has serious implications for public health and safety as well.*”

– RANDY FROST, PhD

Co-Author of *Stuff: Compulsive Hoarding and the Meaning of Things*,  
International OCD Foundation Scientific & Clinical Advisory Board Member,  
Professor of Psychology at Smith College

## ADDITIONAL MEETING INFORMATION

All sessions of the Annual Hoarding Meeting take place at the host hotel for the 27<sup>th</sup> Annual OCD Conference: the Hyatt Regency Seattle. Attendees at the Hoarding Meeting have full access to the programs, workshops, and events at the 27<sup>th</sup> Annual OCD Conference.

Learn more about the 27<sup>th</sup> Annual OCD Conference at:

**[ocd2020.com](http://ocd2020.com)**



International  
OCD  
Foundation

## ABOUT THE IOCDF

The mission of the International OCD Foundation is to help those affected by obsessive compulsive disorder (OCD) and related disorders to live full and productive lives. Our aim is to increase access to effective treatment through research and training, foster a hopeful and supportive community for those affected by OCD and the professionals who treat them, and fight stigma surrounding mental health issues.

## ABOUT HOARDING DISORDER (HD)

Mental illness often affects more than just the individual with the disorder, and nowhere is this more apparent than with hoarding disorder (HD), which is made up of three inter-connected problems:

1. Collecting items to the point that it impacts the safety of the home and the people who live there.
2. Difficulty getting rid of collected items.
3. Problems with organization.

Without help, HD can interfere with daily tasks like cooking, cleaning, personal hygiene, and/or sleeping. Extreme clutter can lead to eviction, increased risk for fire, and impaired access to emergency services. In addition, HD can lead to poor sanitation and cause serious conflict with families and communities.

### IMPACT ON THE COMMUNITY

HD also presents risks for neighbors, building owners, first responders, and for the property itself, including:

- Public health problems (such as pest infestation) for adjacent apartments and homes.
- Structural problems from too many heavy items (for example, books) for the load limits of the building.
- Fire or flooding from electrical wiring, heating systems, or pipes in need of repair.
- Loss of property value and/or rent income for landlords.

### COMMUNITY RESPONSE

HD cannot be fully managed by mental health professionals alone. Given the potential impact of HD on living environments and communities, it is necessary to involve a broad range of professions and services in a coordinated way.

For more information about hoarding disorder, visit: [helpforhoarding.org](http://helpforhoarding.org)



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Foundation

## 8th Annual Hoarding Meeting

July 31-August 2, 2020  
at the  
**27TH ANNUAL OCD CONFERENCE**  
in Seattle, WA



### With Workshops, Trainings, and Resources for:

- Public safety officials and first responders
- Social service and elder service agencies
- Housing agencies and landlords
- Community health workers
- Mental health professionals
- Professional organizers
- All other professionals who work with clients affected by hoarding disorder
- Individuals with hoarding disorder, and their family members and loved ones

### SAVE UP TO 15%!

See inside panel to learn about special discounts available for online and group registrations.

