



## IOCDF ADVANCED FORUM

Friday – Sunday, October 19<sup>th</sup> – 21<sup>st</sup>, 2018

### FRIDAY:

#### FACILITATING INITIAL ENGAGEMENT IN TREATMENT

- 7:30am–8:00am: *Check-in*
- 8:00 – 8:15am: *Introduction & Overview of the Day*, Alec Pollard, PhD
- 8:15am – 9:45am: *Cognitive Interventions to Facilitate Engagement in BDD Treatment*,  
Sabine Wilhelm, PhD
- 9:45am – 10:00am: BREAK
- 10:00am – Noon: *Motivational Enhancement for Individuals with Hoarding Disorder*, Randy Frost, PhD
- Noon – 1:30pm: Lunch
- 1:30 – 3:15pm: *Applying ACT to Enhance Commitment to OCD Treatment*, Lisa Coyne, PhD
- 3:15 – 3:30pm: Break
- 3:30 – 5:00pm: *Town Hall Panel Discussion*,  
Jennifer Greenberg, PsyD; Randy Frost, PhD; Lisa Coyne, PhD  
Moderator: Alec Pollard, PhD

### Saturday:

#### FACILITATING INITIAL ENGAGEMENT IN TREATMENT

- 8:00 – 8:15am: *Introduction & Overview of the Day*, Alec Pollard, PhD
- 8:15am – 10:00am: *Use of Technology to Facilitate Treatment Adherence and Engagement*  
Stephen Whiteside, PhD
- 10:00 – 10:15am: BREAK
- 10:00am – Noon: *An Integrative Cognitive Behavioral Approach to Managing Treatment-Interfering  
Behavior*, Alec Pollard, PhD
- Noon – 1:30pm: Lunch
- 1:30 – 3:15pm: *The Harm Reduction Approach to OCD-Related Disorders: A Therapeutic Option When  
Treatment is Refused*, Michael Tompkins, PhD
- 3:15 – 3:30pm: Break
- 3:30 – 5:00pm: *Town Hall Panel Discussion*,  
Stephen Whiteside, PhD; Alec Pollard, PhD; Michael Tompkins, PhD  
Moderator: Alec Pollard, PhD

- Sunday:                    **INTEGRATING FAMILY MEMBERS TO PROMOTE TREATMENT ENGAGEMENT****
- 8:00 – 8:15am:        *Introduction & Overview of the Day*, Alec Pollard, PhD
- 8:15am – 10:00am:    *A Couples Approach to OCD Treatment*, Jon Abramowitz, PhD
- 10:00 – 10:15am:     BREAK
- 10:00am – Noon:      *Reducing Family Accommodation and Expressed Emotion to Facilitate Recovery from  
OCD*, Barbara Van Noppen, PhD
- Noon – 12:15pm:      Short Break for Lunch\*
- 12:15 – 2:00pm:      *Utilizing the Family to Enhance Motivation in OCD-Related Disorders*,  
Gregory Chasson, PhD
- 2:15 – 3:45pm:        *Town Hall Panel Discussion*,  
Jon Abramowitz, PhD; Barbara Van Noppen, PhD; Gregory Chasson, PhD  
Moderator: Alec Pollard, PhD

\*Lunch will be provided. Attendees will be given a short break to grab food and return to their seats. Attendees will eat lunch during the final presentation, so that the day's session can end early enough for them to catch early flights home