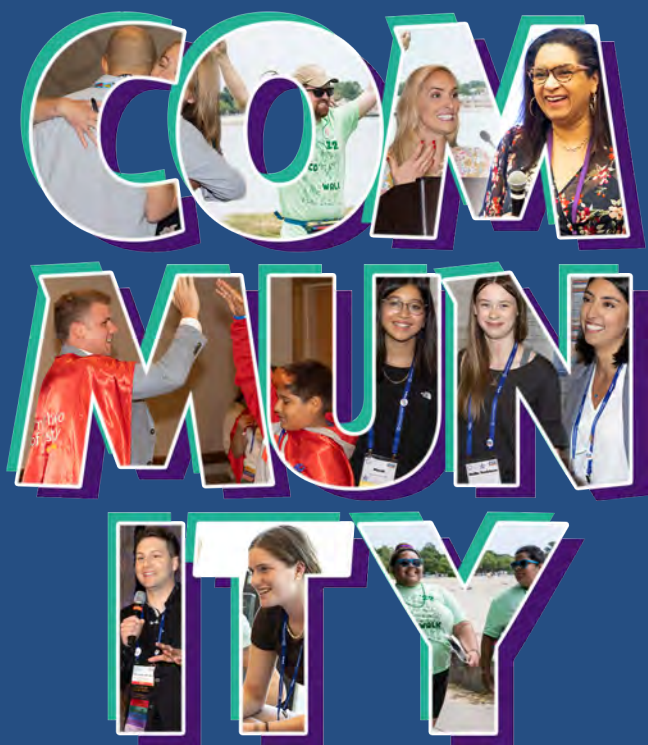


The Power of



Help, Healing, & Hope



International
OCD
Foundation

Help, Healing, Hope

Our community provides help through up-to-date education, resources, and professional trainings.

As a part of the International OCD Foundation (IOCDF) community, you helped us accomplish amazing things this year. We served 3 million people through our suite of websites – including the **Online Resource Directory**, which links individuals to treatment and support groups near them – as well as provided direct support through phone and email to anyone in need.

We also introduced the **Perinatal OCD** and **Faith & OCD Resource Centers**, providing much-needed educational resources to previously underserved groups.



IOCDF Perinatal
Resource Center



We celebrated 10 years of the **One Million Steps for OCD Walk**, with over 3,000 attendees gathering at 34 walks across the nation.



Walk Inspiration Denis Asselin at the finish line with Flagship Boston Walk Grand Marshal Jeff Sparr

Walkers at the Boston OCD Walk



Our Global Community Impact

- 3,000,000+ unique visitors to our suite of websites
- 200,000+ Livestream views
- 1,500+ Annual OCD Conference attendees
- 4 Virtual & 1 hybrid conference with 2,500 combined attendees
- 330 clinicians trained through the Behavior Therapy Training Institute
- 30+ Walks with 3,000+ walkers
- 2,500+ Grassroots Advocates
- 9 Research grants totaling \$1.6 million awarded



IOCDF Board President Susan Boaz presenting the service award to Sabine Wilhelm, PhD

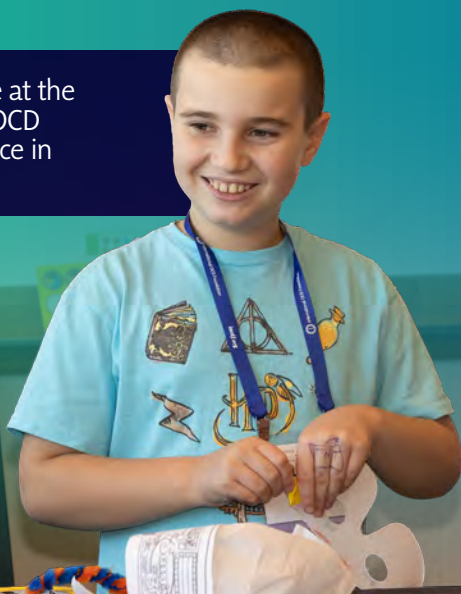
The mission of the IOCDF is to ensure that no one affected by OCD and related disorders suffers alone.

Powered by a community of individual donors, our community provides **help**, **healing**, and **hope**.

We do this by:

- Providing up-to-date education and resources
- Strengthening community engagement
- Delivering quality professional training
- Advancing groundbreaking research

Attendee at the
Annual OCD
Conference in
Denver



We held 11 **Behavior Therapy Training Institutes (BTTIs)**, training 330 clinicians in exposure and response prevention therapy (ERP), the leading treatment for OCD.

BTTI trainings included the inaugural BIPOC (Black, Indigenous, and people of color) BTTI and Spanish-speaking Virtual BTTI.



Dr. Darron T. Smith, faculty at our inaugural BIPOC BTTI in Washington, DC

BTTI Attendee



Help, *Healing*, Hope

Our community provides healing through events and live streams that connect us.

The IOCDF in-person and virtual conferences provide opportunities to gather, learn, and find community – from any location.

2022 Virtual & Hybrid Conferences

- Online OCD Camp for Kids & Families
- Faith & Mental Health Conference
- IOCDF Research Symposium (Hybrid)
- Spanish Online OCD Conference
- Online OCD Conference



Return of the Annual OCD Conference in Denver!



The Kinberg family shares their journey with OCD during the Conference Keynote Address.

The **Peace of Mind Virtual Community** held twice-weekly livestreams offering community support, led by our National and Lead Advocates.



National Advocate Ethan Smith and
Lead Advocate Rev. Katie O'Dunne

IOCDF Lead Advocate
Valerie Andrews



Help, Healing, *Hope*

Our community provides hope through awareness raising, advocacy, and research.

OCD Awareness Week took place October 9-15, 2022 with the theme “The Road to Reclaiming Your Life”. Programming included a mix of panel-based livestreams, social media live takeovers, and interactive Zoom events, with livestreams totaling over 8,000 views across all platforms this week alone — the most yet!



Through the **IOCDF Research Grant Program**, we awarded 9 grants totaling \$1.6 million to researchers furthering our understanding of OCD.

(Turn over for more!) 

Your generosity fuels our vision of a world in which everyone impacted by OCD and related disorders has immediate access to effective treatment and support.



Powered by our community of donors, **you can help to make this collective vision possible.**

Donate today!





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iocdf.org/community