



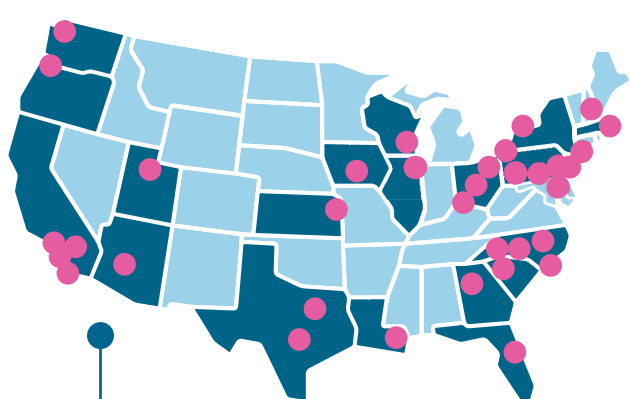
International  
OCD  
Foundation

# 2023 OCD WALK

Impact Report & Last Chance to Support

The full impact of the One Million Steps for OCD Walk is immeasurable. For many walkers, participating in the Walk and inviting others marks their first time sharing their experience with OCD and what this community means to them. We're so proud to host this event year after year and see this impact firsthand!

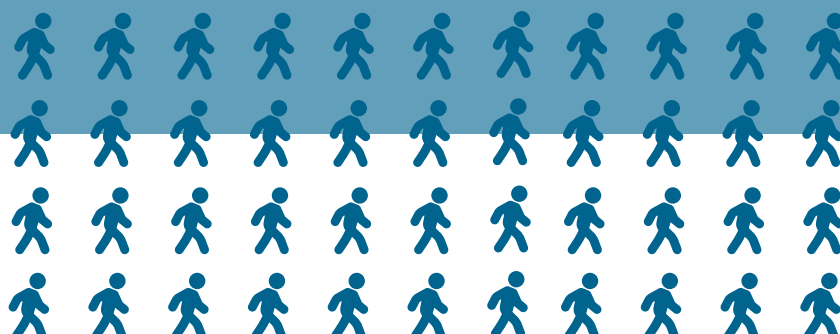
This year, we celebrated the 10th anniversary of the One Million Steps for OCD Walk. Each year we've walked since 2013 was represented by a sneaker on the commemorative T-shirt.



36 Affiliate-hosted walks in 22 states



3,827 Walkers from 44 states and territories



## OCD WALKS ACROSS THE GLOBE



THATS OVER  
**12,000**  
MILES  
WALKED GLOBALLY

4,512 DONATIONS

**\$237,570**

TOTAL RAISED IN 2023



**\$1,781,600**

TOTAL DOLLARS RAISED OVER THE PAST DECADE OF WALKING FOR OCD

We're so close to our \$250,000 fundraising goal and are 95% there — but we need your help to cross the finish line!

Donate to the OCD Walk before the fundraising deadline on Wednesday, November 15, 2023 at 5pm ET!

Make a donation to the entire OCD Walk program or pick a local OCD Walk to support and help us collectively reach \$250,000!

**DONATE**

*Embracing uncertainty,  
one step at a time!*



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