



International
OCD
Foundation

IOCDF

Research Symposium

2023 Program Guide

Thursday July 6, 2023

9:00am–4:30pm: Presentations

4:30pm–5:30pm: Poster Reception

*San Francisco Marriott Marquis
Foothill C*

**The IOCDF Research Symposium is made
possible thanks to the support of the:**



RODAN FAMILY
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9:00–9:15am

Welcome and Introduction, Research Award Winner Announcements

*Christopher Pittenger, MD, PhD and Emily R. Stern, PhD
(Symposium Planning Committee Co-Chairs)*

9:15–10:00am

Nature versus nurture in childhood-onset OCD: An outdated dichotomy in 2023? – *Evelyn Stewart, MD (University of British Columbia)*

10:00–10:45am: Neuroscience (with Q&A)

Neurocircuit dynamics of arbitration between decision-making strategies across obsessive-compulsive and related disorders

Jamie D. Feusner, MD (University of Toronto)

Elucidating the role of RXRA factor in myeloid cells for immune-mediated mechanisms of OCD

(IOCDF Young Investigator Award Project)

Uğur Akcan, PhD (Columbia University)

10:45–11:00am: BREAK

1:00am–12:00pm: Psychological Treatments (with Q&A)

Augmenting exposure therapy homework compliance in youth with OCD: Development and randomized controlled trial outcomes of OC-Go

Peter W. Tuerk, PhD (University of Virginia)

John Piacentini, PhD (UCLA)

Can we efficiently target OCD related cognitions using an mHealth app: A review of evidence from 8 randomized controlled trials (RCTs) and 13,000 real world data users of ocd.app

Guy Doron, PhD (Reichman University (IDC))

Approach-avoidance training as an augmentation of exposure and response prevention for contamination OCD

(IOCDF Young Investigator Award Project)

Martha J. Falkenstein, PhD

Olivia Woodson, BS (McLean Hospital)

12:00–1:00pm: LUNCH BREAK

1:00–2:10pm: Biological Treatments (with Q&A)

Multi-Modal Characterization of Deep Brain Stimulation Therapy for Refractory Obsessive-Compulsive Disorder

Nicola Acevedo, BSc (Hon) (Swinburne University of Technology)

Low Intensity Focused Ultrasound Induces Targeted Subcortical Online Blood Oxygen-Level Dependent Activation in Humans

Joo-won Kim, PhD (Baylor College of Medicine)

Efficacy of Ketamine in Unmedicated Adults With OCD: A Randomized Controlled Trial

Carolyn Rodriguez, MD, PhD (Stanford University)

2:10–2:30pm: BREAK

2:30pm–3:35pm: Hoarding Disorder (with Q&A)

The critical role of loneliness in hoarding disorder: Targeting unmet interpersonal needs to reduce pathological object attachment

Keong Yap, BSocSci (Hons), DPsych (UNSW)

Suicidal Thoughts and Behaviors in Individuals with Hoarding Disorder

Dariana Gil-Hernández, BA (Stanford University)

Hoarding Disorder and Grief

Natalie Freeman, BA, MS (Stanford University)

Hoarding disorder and food consumption

Melissa M. Norberg, PhD (Macquarie University)

Hoarding as a Modifiable Health Behavior: Description and Preliminary Outcomes of a Novel Behavioral Intervention for Rural Hoarding

Mary Dozier, PhD & Caitlyn Nix, MS (Mississippi State University)

3:35–4:15pm: Phenomenology and Psychological Mechanisms (with Q&A)

Cognitive overfitting — A novel theoretical mechanism for compulsive rituals

Ido Ben-Artzi, MA (Sagol School of Neuroscience, Tel Aviv University)

“This Looks Familiar”: Mnemonic discrimination in treatment response of obsessive-compulsive disorder

Junjia (Judy) Xu, BA (McLean Hospital)

Clinical presentation of misophonia in youth

Andrew G. Guzick, PhD (University of Pennsylvania)

4:15–4:30pm: Closing Statements

Christopher Pittenger, MD, PhD and Emily R. Stern, PhD

(Symposium Planning Committee Co-Chairs)

4:30–5:30pm: Poster Reception

