2023 Program Guide

Thursday July 6, 2023
9:00am–4:30pm: Presentations
4:30pm–5:30pm: Poster Reception

San Francisco Marriott Marquis
Foothill C

The IOCDF Research Symposium is made possible thanks to the support of the:
9:00–9:15am
Welcome and Introduction, Research Award Winner Announcements
Christopher Pittenger, MD, PhD and Emily R. Stern, PhD
(Symposium Planning Committee Co-Chairs)

9:15–10:00am
Nature versus nurture in childhood-onset OCD: An outdated dichotomy in 2023? – Evelyn Stewart, MD (University of British Columbia)

10:00–10:45am: Neuroscience (with Q&A)
Neurocircuit dynamics of arbitration between decision-making strategies across obsessive-compulsive and related disorders
Jamie D. Feusner, MD (University of Toronto)

Elucidating the role of RXRA factor in myeloid cells for immune-mediated mechanisms of OCD (IOCDF Young Investigator Award Project)
Uğur Akcan, PhD (Columbia University)

10:45–11:00am: BREAK

1:00am–12:00pm: Psychological Treatments (with Q&A)
Augmenting exposure therapy homework compliance in youth with OCD: Development and randomized controlled trial outcomes of OC-Go
Peter W. Tuerk, PhD (University of Virginia)
John Piacentini, PhD (UCLA)

Can we efficiently target OCD related cognitions using an mHealth app: A review of evidence from 8 randomized controlled trials (RCTs) and 13,000 real world data users of ocd.app
Guy Doron, PhD (Reichman University (IDC))

Approach-avoidance training as an augmentation of exposure and response prevention for contamination OCD (IOCDF Young Investigator Award Project)
Martha J. Falkenstein, PhD
Olivia Woodson, BS (McLean Hospital)
12:00–1:00pm: LUNCH BREAK

1:00–2:10pm: Biological Treatments (with Q&A)

Multi-Modal Characterization of Deep Brain Stimulation Therapy for Refractory Obsessive-Compulsive Disorder
Nicola Acevedo, BSc (Hon) (Swinburne University of Technology)

Low Intensity Focused Ultrasound Induces Targeted Subcortical Online Blood Oxygen-Level Dependent Activation in Humans
Joo-won Kim, PhD (Baylor College of Medicine)

Efficacy of Ketamine in Unmedicated Adults With OCD: A Randomized Controlled Trial
Carolyn Rodriguez, MD, PhD (Stanford University)

2:10–2:30pm: BREAK

2:30pm–3:35pm: Hoarding Disorder (with Q&A)

The critical role of loneliness in hoarding disorder: Targeting unmet interpersonal needs to reduce pathological object attachment
Keong Yap, BSocSci (Hons), DPsych (UNSW)

Suicidal Thoughts and Behaviors in Individuals with Hoarding Disorder
Dariana Gil-Hernández, BA (Stanford University)

Hoarding Disorder and Grief
Natalie Freeman, BA, MS (Stanford University)

Hoarding disorder and food consumption
Melissa M. Norberg, PhD (Macquarie University)

Hoarding as a Modifiable Health Behavior: Description and Preliminary Outcomes of a Novel Behavioral Intervention for Rural Hoarding
Mary Dozier, PhD & Caitlyn Nix, MS (Mississippi State University)
3:35–4:15pm: Phenomenology and Psychological Mechanisms (with Q&A)

Cognitive overfitting — A novel theoretical mechanism for compulsive rituals
Ido Ben-Artzi, MA (Sagol School of Neuroscience, Tel Aviv University)

“This Looks Familiar”: Mnemonic discrimination in treatment response of obsessive-compulsive disorder
Junjia (Judy) Xu, BA (McLean Hospital)

Clinical presentation of misophonia in youth
Andrew G. Guzick, PhD (University of Pennsylvania)

4:15–4:30pm: Closing Statements
Christopher Pittenger, MD, PhD and Emily R. Stern, PhD
(Symposium Planning Committee Co-Chairs)

4:30–5:30pm: Poster Reception