



Your gift is more than a donation—it's joining a movement to improve the lives of individuals and families affected by OCD and related disorders.

Join us at iocdf.org/give



International
OCD
Foundation



Your support. Your impact.

One vision:

Everyone impacted by OCD and related disorders having immediate access to effective treatment and support.



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Helping people thrive.

"Thank you for all the work you do to help people dealing with OCD...it has helped change our son's and our lives." — Jennifer

This year, thanks to the generosity of our supporters, we achieved remarkable milestones:



Celebrated **30 years** of research, awarding **150 grants** totaling **\$11.3M**.



Supported **3M individuals** with free resources and community platforms.



Welcomed **6,000+ attendees** across **8 IOCDF conferences**.



Hosted a record **42 OCD Walks** worldwide with **4,500+ participants**.



Educated **900 clinicians** through training events to expand care.



Mobilized **4,000 advocates and volunteers** to amplify our mission.

There is still much more work to be done. Our priorities include:

- **Expanding public awareness of OCD and related disorders** by growing partnerships worldwide, reimagining our online resources, and mobilizing our dedicated volunteers.
- **Increasing access to evidence-based treatments** through advocacy, awareness campaigns, and professional training.
- **Expanding support for kids and families** through targeted resources and community-building initiatives.
- **Advocating for increased research funding**, fostering collaboration among researchers, and supporting the next generation of experts.



You can help.

As the largest 501(C)(3) nonprofit dedicated to this cause, **we need your help** to continue this important work. Donate today using the enclosed envelope or securely online at **iocdf.org/give**.